



Probiotics, Prebiotics, Synbiotics and Postbiotics in Intestinal Health and Disease

Guest Editor:

Dr. Katarzyna Skrypnik

Department of Human Nutrition
and Dietetics, Poznan University
of Life Sciences, Wojska
Polskiego St. 31, 60-624 Poznan,
Poland

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Message from the Guest Editor

Dear Colleagues,

The gut microbiota creates a very complex network of dependencies, containing approximately 200 to 1000 species of bacteria. It's function ranges from immunity to regulation of inflammation and gut barrier to the production of some vitamins to pathogens' growth inhibition to influencing the nervous system's development.

The current definition of probiotics developed by the Food and Agriculture Organization states that probiotics are "live microorganisms that, when administered in adequate amounts, confer a health benefit on the host". Probiotics administration seems to be the most efficient intervention in ameliorating the gut microbiota state.

This Special Issue aims to present the latest research regarding molecular aspects of the association between probiotic and prebiotic supplementation and intestinal health. We hope to present the latest knowledge on probiotic supplementation and its impact on the health of the digestive system to promote awareness among the scientific world and clinical medicine practitioners. Both original research articles and comprehensive reviews are welcomed.





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Editor-in-Chief

Prof. Dr. Maurizio Battino

Department of
Odontostomatologic and
Specialized Clinical Sciences,
Sez-Biochimica, Faculty of
Medicine, Università Politecnica
delle Marche, Via Ranieri 65,
60100 Ancona, Italy

Message from the Editor-in-Chief

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