



The Role of Microbiota in Wellness and Target Therapy: Molecular and Mechanistic Insights

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Message from the Guest Editors

Dear Colleagues,

In recent years, knowledge about the composition and role of human microbiota has enormously increased. It has become clear that human microbiota is a complex community of bacteria, viruses, and fungi that plays a key role in maintaining health, and that its alteration, named dysbiosis, is involved in different communicable and noncommunicable diseases.

Gut microbiota is responsible for the fermentation of nondigestible fibers, resulting in the production of short chain fatty acids, nutrients further contributing to host energy production, metabolism, and immunity. Different external factors, including diet, physical activity, stress, drugs, and geographic environment may influence gut microbiota composition and functions.

This Special Issue will highlight recent research on the role of intestinal microbiota in wellbeing and will explore target therapies by focusing on potential molecular mechanisms.

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Guest Editors





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Message from the Editor-in-Chief

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