



## Peptides for Health Benefits

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### Message from the Guest Editors

In recent years, peptides have received increased interest by the pharmaceutical industry. The high potency, specificity and good safety profile are the main strengths of bioactive peptides as new and promising therapies that may fill the gap between small molecules and protein drugs. These positive attributes of peptides, along with advances in drug delivery technologies, have afforded a renewed interest in the discovery, optimization and development of peptides as pharmacological therapy.

This Special Issue, “Peptides for Health Benefits”, will cover a selection of recent research papers, reviews, short communications, as well as perspectives in the field of bioactive peptides. This Special Issue emphasizes current knowledge and research trends concerning bioactive peptides, including structure-function relationships, mechanisms of action, development of novel in vitro and in vivo assays for the evaluation of their bioactivity. Papers regarding the development of new drugs, functional foods or nutraceuticals based on bioactive peptides will be also taken into consideration.





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## Message from the Editor-in-Chief

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