



Feature Review Papers in Epidemiology, Lifestyle, and Cardiovascular Health

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Message from the Guest Editors

Cardiovascular diseases are the leading cause of death worldwide and place a substantial medical and economic burden on society. The prognosis of cardiovascular diseases can be improved through prevention programs that include lifestyle changes, the control of modifiable cardiovascular risk factors, and the prevention of intravascular thrombosis. The landscape of cardiovascular prevention is rapidly evolving: in recent decades, thanks to rapid technological improvements, the possibility of making an early diagnosis, stratifying risk, and remotely monitoring cardiovascular patients has significantly increased; therefore, there is a continuous need to develop updated algorithms in order to optimize the use of available resources, improving patient outcomes and limiting medical costs. This Special Issue aims to collect reviews papers on the epidemiology of cardiovascular diseases, diagnostic algorithms, risk factor control, and primary and secondary cardiovascular prevention.

