



Physical Activity and Respiratory Conditions

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submissions:

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Message from the Guest Editor

Avoidance of exertion (including habitual physical activity levels as well as exercise) due to concerns regarding worsening symptoms can lead to subsequent muscle wasting, exercise intolerance, poor quality of life and social isolation. It is therefore essential that effective comprehensive management for people living with chronic lung diseases includes the optimisation of physical activity levels.

We invite contributors to submit original research and review articles to this Special Issue in order to contribute new knowledge to the field and stimulate discussion of the importance of targeting physical activity in people living with lung disease. Contributions may relate to various areas for such patients including (but not limited to):

- Strategies to measure physical activity levels;
- Technical methods to evaluate physical activity data;
- Lived experiences of patients regarding physical activity
- Health impacts of physical activity;
- Interventions to promote physical activity;
- Reviews of best practices in healthcare targeting physical activity.

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Guest Editor





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