



Recent Innovations in the Management of Cardiac Rehabilitation

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Message from the Guest Editor

Cardiac rehabilitation encompasses multiple cardiovascular pathologies and dysfunctions: patients who have suffered a myocardial infarction, patients undergoing PTCA and stenting, bypass, valve, and aortic replacements, heart transplantation, permanent or temporary L-VAD implantation, and chronic as well as acute CHF. In rehabilitation wards and hospitalizations, the patient does not necessarily reflect a perfect clinical picture and does not always reflect the type of patient in the various trials. The clinician does not choose which patients to follow, without respecting the inclusion and exclusion criteria of an experimental study. Furthermore, the trials are a synthesis of a small portion of patients compared to the millions of cardiovascular patients; that is, each study is a snapshot of people chosen on the basis of specific statistical criteria. The reality of rehabilitation does not always reflect this picture. The Special Issue aims to highlight not only the results of the most recent research, but to highlight further rehabilitation possibilities with respect to the cardiovascular clinical reality through multidisciplinary perspectives.





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