



Effects of Physical Activity on Chronic Disease

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Message from the Guest Editors

Dear Colleagues,

Decreased physical activity is an important risk factor for poor mortality in the general population and in patients with several chronic diseases. Increased physical activity and decreased sedentary behavior could have a positive effect on health and disease progression in patients with diabetes mellitus, hypertension, cardiovascular disease, chronic obstructive pulmonary disease, or mental disorders, among others. However, there are still several uncertainties.

This Special Issue aims to clarify the characteristics of physical activity and sedentary behavior in various chronic diseases and to know what interventions may improve physical activity more effectively.

We invite researchers to present articles on the advances in research on physical activity and sedentary behavior in chronic diseases from the perspective of measurement, characteristics, intervention, associated factors, and mechanisms. We are particularly interested in articles evaluating the effects of intervention on physical activity or sedentary behavior in different chronic diseases. Original articles, reviews and short communications are welcome.





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