



Orthopaedic Issues in Osteoporosis

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Message from the Guest Editor

Dear Colleagues,

Osteoporosis can lead to various orthopaedic issues, impacting overall musculoskeletal health and quality of life. Some common orthopaedic problems associated with osteoporosis include:

Fractures: The most significant issue associated with osteoporosis is an increased risk of fractures, particularly in the spine, hip, and wrist.

Spinal deformities: Osteoporotic vertebral fractures can lead to a gradual collapse of the vertebrae.

Hip fractures: Hip fractures are a major concern in individuals with osteoporosis, as they often require surgery and can lead to long-term disability, loss of independence, and increased mortality.

Wrist fractures: Osteoporotic fractures at the wrist are common and can limit hand function and mobility.

Chronic pain: Fractures and microfractures in osteoporotic bones can lead to ongoing pain and discomfort, affecting daily activities and overall quality of life.

Management of orthopaedic issues in osteoporosis involves treating existing fractures, preventing future fractures, managing pain, and optimizing bone health. This may include medications, physical therapy, lifestyle modifications, and, in some cases, surgery.





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