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# **New Trends in Shoulder Arthroscopy and Arthroplasty Techniques**

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## Message from the Guest Editor

Dear Colleagues,

Some challenges in arthroplasty present at the turn of the millennium are no longer an issue. Techniques, knowledge of anatomy and materials have evolved so quickly that arthroscopy is now the gold standard for the treatment of most shoulder pathologies; even partial resurfacing can be done. For joint replacements, the reconstruction of anatomical biomechanics and rapid recovery are possible. In rotator cuff repair with exact reconstruction of the anatomy, the healing biology is now the bottleneck, which is challenging to improve. In shoulder instability, the trend for early coracoid transfer is now changing, as stable anatomic reconstruction of the labrum shows results as favorable as those obtained in open repair, with faster rehabilitation.

It would be an honor to publish your up-to-date research regarding accelerated rehabilitation, improved tendon-to-bone healing, new techniques in instability and rotator cuff repair as well as improvements in shoulder arthroplasty. The goal should now be to maintain the patient's own joint as long as possible—reconstruction before replacement!

Dr. Philipp R. Heuberer *Guest Editor* 











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