



## Diagnosis and Management of Bipolar Disorder

Guest Editor:

### Dr. Giovanna Fico

1. Bipolar and Depressive  
Disorders Unit, Hospital Clinic de  
Barcelona, c. Villarroel, 170,  
08036 Barcelona, Spain  
2. Departament de Medicina,  
Facultat de Medicina i Ciències  
de la Salut, Universitat de  
Barcelona (UB), c. Casanova, 143,  
08036 Barcelona, Spain

Deadline for manuscript  
submissions:

**closed (10 May 2024)**

### Message from the Guest Editor

Dear Colleagues,

Bipolar disorder is a severe psychiatric disorder characterized by recurring mood episodes of depression, alternating with episodes of euphoria (called manic/hypomanic episodes) with a prevalence in the general population of 2%. While we have made advancements in understanding the biological and environmental factors contributing to bipolar disorder, its diagnosis primarily relies on clinical assessment. Additionally, while there are established pharmacological treatment guidelines, many individuals, especially those with concurrent medical or psychiatric conditions, continue to experience frequent mood swings or persistent symptoms despite being on medication. A combined approach involving systematic clinical syndrome subtyping and the examination of multiple biomarkers, such as genetics and digital markers, could better define the unique characteristics of individuals with bipolar disorder and potentially predict the course of their illness.

In this Special Issue, we extend an invitation to researchers to submit their scientific and clinical contributions focusing on various aspects of bipolar disorder diagnosis and management.





an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Emmanuel Andrès**

Internal Medicine Department,  
University Hospital Strasbourg,  
67000 Strasbourg, France

### **Prof. Dr. Kent Doi**

Department of Emergency and  
Critical Care Medicine, University  
of Tokyo, Tokyo 113-8655, Japan

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's (JCM)* staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

**Journal Rank:** JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

## Contact Us

---

*Journal of Clinical Medicine* Editorial  
Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/jcm](http://mdpi.com/journal/jcm)  
[jcm@mdpi.com](mailto:jcm@mdpi.com)  
[X@JCM\\_MDPI](https://twitter.com/JCM_MDPI)