



## Advances in the Prevention, Diagnosis, and Rehabilitation of Sports Injuries

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Deadline for manuscript  
submissions:

**12 December 2024**

### Message from the Guest Editor

Dear Colleagues,

This Special Issue will delve into cutting-edge advancements in the prevention, diagnosis, and rehabilitation of sports injuries. Topics will range from innovative injury prevention strategies, like biomechanics and training methodologies, to the latest diagnostic tools, such as imaging techniques and biomarkers. Additionally, this Special Issue will explore novel rehabilitation approaches, including personalized rehabilitation plans and technology-assisted therapies. Our aim is to provide a comprehensive overview of how sports medicine is evolving to enhance athletes' performance, reduce injury occurrence, facilitate quicker and more accurate diagnoses, and optimize rehabilitation outcomes, ultimately promoting long-term athletic health and well-being.

**Keywords: orthopedics, prevention, rehabilitation, management, sports injuries**





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