



## Sports Injuries: Recent Advances in Prevention and Rehabilitation

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### Message from the Guest Editor

Sports injuries are commonly caused by overuse, direct impact or the application of force that is greater than the body part can structurally withstand. Sports injuries can occur throughout your body: bones, muscles, tendons, ligaments and other structures. Due to the frequent occurrence of sports injuries, the prevention and rehabilitation treatment of sports injuries is very important. Prevention helps reduce potential sports injuries and includes primary, secondary and tertiary injuries. The ultimate goal of the rehabilitation process is to limit the extent of the injury and reduce or reverse the impairment and functional loss.

This Special Issue aims to combine the latest research in the fields including, but not limited to, sports injury prevention and treatment, musculoskeletal disorders, sports injury rehabilitation, physical rehabilitation, exercise science and sports science. We look forward to pushing forward the clinical, translational and basic research of these promising new treatment method technologies.





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