



## Obstructive Sleep Apnea (OSA): What Can We Do Now?

Guest Editor:

### Dr. Pierluigi Carratù

Institute of Internal Medicine “A. Murri”, Department of Precision and Regenerative Medicine and Ionian Area, Università Degli Studi di Bari Aldo Moro, Bari, Italy

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### Message from the Guest Editor

Obstructive sleep apnea (OSA) represents a public health problem by its strong incidence with the concomitantly increasing age of the world population and the obesity epidemic.

Obesity is a major risk factor for the development and progression of OSA. Changes in lifestyle habits to reduce a sedentary lifestyle, but also the early management in childhood of the developmental anomalies of the elements of the mandibular/masticatory system, must be included in the management of OSA. Finally, in adults at a high cardiovascular risk and the elderly, the clarification of the “good indications” of treatment should be proposed.

The purpose of this Special Issue will be to present original research work centered around these new questions. First, we wish to establish the role of lifestyle in order to reduce the number of OSA patients. Second, to evaluate compliance with different treatments, including mandibular/masticatory system tools. Third, to evidence, as far as possible, new markers of disease. Finally, we aim to early on detect the severity of the cardiovascular risk in young patients, who could reduce it, by introducing an immediate therapy strategy.





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*Journal of Clinical Medicine* Editorial  
Office  
MDPI, Grosspeteranlage 5  
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