



## Physiotherapy and Rehabilitation for People with Rheumatic and Musculoskeletal Diseases

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### Message from the Guest Editors

Dear Colleagues,

Rheumatic and musculoskeletal diseases (RMDs) include more than 200 different diseases affecting structures such as joints, bones, tendons, nerves, muscles, and in some cases, internal organs. These diseases benefit from early diagnosis and prompt drug treatment. However, several of the diseases are complex and warrant biopsychosocial approaches and well-designed interdisciplinary cooperation over time. Rehabilitative strategies are not only needed to decrease symptoms and disability, but are also essential for secondary prevention.

To more efficiently meet the future challenges of people with RMDs, more research is needed to find successful rehabilitative strategies for prevention, secondary preventions, and to treat and reduce the burden of RMDs and to implement them in daily clinical practice. The scope of this Special Issue is to provide an overview of the recent advances and cutting edge research in the field of RMD rehabilitation and physiotherapy. Therefore, researchers in the field of RMDs are encouraged to submit an original article or review to this Special Issue (case reports and short reviews are not accepted).





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