



The Alcohol Hangover: Causes, Consequences, and Treatment

Guest Editors:

Dr. Joris C. Verster

Ms. Lizanne Arnoldy

Dr. Sarah Benson

Prof. Dr. Andrew Scholey

Dr. Ann-Kathrin Stock

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Message from the Guest Editors

Dear Colleagues,

Since the founding of the Alcohol Hangover Research Group in 2010, research on alcohol hangovers is increasing and on the move. Today, much remains unknown about the pathology of the alcohol hangover. However, current research into alcohol metabolism and the immune system significantly increases our understanding of the alcohol hangover. Other researchers have focused on genetics, behavioral aspects, personality, and psychological correlates of the alcohol hangover, or the impact of food and daily diet. The obtained knowledge is essential to developing the ideal hangover treatment. Unfortunately, despite the high consumer demand for an effective and safe hangover treatment, scientific research on the efficacy of hangover treatments and cures is scarce.

The present Special Issue aims to provide an overview of the latest research on the causes, consequences and treatment of the alcohol hangover. The combination of original research articles and review papers will provide clinicians with up-to-date knowledge on the alcohol hangover.

Dr. Joris C Verster
Ms. Lizanne Arnoldy
Guest Editors





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Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department,
University Hospital Strasbourg,
67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and
Critical Care Medicine, University
of Tokyo, Tokyo 113-8655, Japan

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Journal of Clinical Medicine Editorial
Office
MDPI, Grosspeteranlage 5
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