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Updates on Rehabilitation Care for Geriatric Disease

Guest Editors:

Dr. Guillaume Chapelet

Prof. Dr. Jos M.G.A. Schols

Prof. Dr. Wilco P Achterberg

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Message from the Guest Editors

Rehabilitation programmes, in general, include multifactorial interventions to reduce risks, promote healthy behaviours and an active lifestyle, reduce disability, and improve health, wellbeing, daily living activities and social participation. However, in older patients, resilience and frailty can hamper the rehabilitation process. Therefore, the outcomes cannot be easily predicted, even though some factors have previously been associated with rehabilitation effectiveness

A focus on the resilience of older persons may provide additional sources to induce recovery in an effective way, in turn allowing elderly patients to resume their lives. With an ageing global population, there is a crucial need to optimize the practice and effectiveness of geriatric rehabilitation and make it more sustainable. Additionally, rehabilitation programmes should better address older patient's goals and wishes.













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Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, University of Tokyo, Tokyo 113-8655, Japan

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