



## Updates on Rehabilitation Care for Geriatric Disease

Guest Editors:

**Dr. Guillaume Chapelet**

**Prof. Dr. Jos M.G.A. Schols**

**Prof. Dr. Wilco P Achterberg**

Deadline for manuscript  
submissions:

**closed (10 May 2023)**

### Message from the Guest Editors

Rehabilitation programmes, in general, include multifactorial interventions to reduce risks, promote healthy behaviours and an active lifestyle, reduce disability, and improve health, wellbeing, daily living activities and social participation. However, in older patients, resilience and frailty can hamper the rehabilitation process. Therefore, the outcomes cannot be easily predicted, even though some factors have previously been associated with rehabilitation effectiveness.

A focus on the resilience of older persons may provide additional sources to induce recovery in an effective way, in turn allowing elderly patients to resume their lives. With an ageing global population, there is a crucial need to optimize the practice and effectiveness of geriatric rehabilitation and make it more sustainable. Additionally, rehabilitation programmes should better address older patient's goals and wishes.





an Open Access Journal by MDPI

## Editors-in-Chief

### Prof. Dr. Emmanuel Andrès

Internal Medicine Department,  
University Hospital Strasbourg,  
67081 Strasbourg, France

### Prof. Dr. Kent Doi

Department of Emergency and  
Critical Care Medicine, The  
University of Tokyo, Tokyo, Japan

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's (JCM)* staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

**Journal Rank:** JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

## Contact Us

---

*Journal of Clinical Medicine* Editorial  
Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/jcm](http://mdpi.com/journal/jcm)  
[jcm@mdpi.com](mailto:jcm@mdpi.com)  
[X@JCM\\_MDPI](https://twitter.com/JCM_MDPI)