



## Treatment of Bipolar Depression

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### Message from the Guest Editors

Dear Colleagues,

In terms of neuropsychiatric diseases, Bipolar Disorder (BD) is one of the main contributors to chronic disability throughout the world. Intrinsically, BD is characterized by highly unstable mood and recurring episodes, which are poorly responsive to current available treatment strategies. Indeed, although monotherapy is suggested, the use of several, often unapproved, therapeutic combinations seems the rule. Bipolar depression is particularly unresponsive to treatments. To date, scientific evidence points out some encouraging strategies based on pharmacotherapeutic add-ons or experimental treatments. However, more and more precise and systematic studies are needed in order to shed light on this intricate argument.

The present Special Issue aims at deepening the present knowledge on clinical treatment approaches to Bipolar Depression, based on the ultimate neurobiological physiopathogenetic scientific evidence. This issue will provide a useful tool to address the most fitting therapies for complex cases in everyday clinical practice.

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