



Obsessive Compulsive Disorder: Clinical Advances and Future Perspectives

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Message from the Guest Editor

Obsessive compulsive disorder (OCD) is a complex and often debilitating mental disorder characterized by persistent, unwanted thoughts (obsessions) and repetitive behaviors (compulsions) performed to relieve distress. Despite significant advances in the understanding of OCD, many aspects of its etiology, pathophysiology, and treatment remain unclear. This Special Issue aims to consolidate the latest research and clinical findings on OCD and to promote a comprehensive understanding of the disorder. We invite contributions that explore neurobiological underpinnings, genetic and environmental influences, and innovative therapeutic interventions. In addition, we welcome studies on the impact of comorbid conditions, advances in diagnostic criteria, and the development of novel treatment modalities.

By bringing together a diverse range of high-quality research works, this Special Issue aims to advance our knowledge of OCD, promote evidence-based practice, and ultimately improve outcomes for individuals affected by this challenging disorder.

- obsessions–compulsions
- anxiety
- OCD symptoms

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