



Clinical Management and Challenges in Metabolic Syndrome

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Message from the Guest Editor

First, as far as the obese population is concerned, it should be clarified at which level should we start the investigations aimed at identifying the presence of primary or secondary metabolic/endocrine changes. This is very important in order to balance the high costs and the inconvenience to patients undergoing these investigations with the need to promptly detect the level of obesity triggering the development of MetS. Recently a consensus has been reached on new criteria for the definition of high blood pressure. Should the old criteria should be replaced when defining MetS? Furthermore, what is the role of non-traditional cardiovascular risk factors in the definition of MetS? Another point is whether adolescents with MetS, resistant to the classical changes in lifestyle, should be offered bariatric surgery similar to adults, since long-term follow-ups are lacking. Finally, should the approach to patients with genetic obesity be similar to that employed with the “normal” obese populations, or should we survey them more intensively?





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