



## Depression and Self-Injury in Adolescents: Mechanisms of Disease and Clinical Improvement

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### Message from the Guest Editor

Depression and self-injurious behavior are serious clinical problems that commonly emerge during the adolescent period and represent significant risk factors for suicide attempts and death by suicide in youth. The field is just now beginning to understand some of the mechanisms underlying depression and self-injury in adolescents, and these new neurobiological insights can serve to guide novel intervention strategies. The goal of this Special Issue is to update the field on the cutting-edge research on depression and self-injury in adolescents, with a particular focus on research that sheds light on neurobiological mechanisms of disease and of clinical improvement within a neurodevelopmental framework.





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