



Depressive Disorders—Common Pathomechanisms of Somatic and Psychiatric Comorbidity

Guest Editors:

Prof. Dr. Piotr Gatecki

Department of Adult Psychiatry,
Medical University of Lodz, Lodz,
Poland

Prof. Dr. Kuan-Pin Su

Department of Psychiatry and
Mind-Body Interface Laboratory
(MBI-Lab), China Medical
University Hospital, Taichung,
Taiwan

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Message from the Guest Editors

Novel research suggests that some biological therapies used in the management of autoimmune diseases can also have a positive impact on the course of coexisting mood disorders. Chronic stress and inflammation might serve as a link in the pathogenesis of depression and many other human diseases, including obesity. Currently, a very interesting topic is the impact of infectious diseases, such as COVID-19, on the central nervous system and, thus, on the development of psychiatric disorders.

Among the mental problems associated with depression are also psychological issues. In such a case, the appropriate treatment, in addition to pharmacotherapy, is psychotherapy. Psychotherapy, as confirmed by scientific research, may lead to biological changes in the central nervous system (CNS). However, the exact mechanism of this phenomenon is not yet fully understood.

Many questions about the common pathomechanisms of depression and its comorbidities still remain unanswered. Further research in this field might also allow us to introduce new, effective therapy methods.





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Editors-in-Chief

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MDPI, Grosspeteranlage 5
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