



Workplace Bullying and Health Outcomes

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Message from the Guest Editors

Workplace bullying (WB) can be considered a repeated and unreasonable behaviour that is directed towards a worker (or a group of workers) and that creates a risk to health and safety.

The scientific interest in workplace bullying is mainly based on the effects on a worker, since it can adversely affect both psychological and physical health. There is evidence on the relationship between the experience of bullying and impaired health. From a psychological point of view, workers who have been persistently exposed to bullying are more likely to suffer from stress, anxiety, and depression than those who had not. Similarly, bullied workers complain of physical symptoms more frequently, particularly gastrointestinal disorders and muscle tension.

We would like to address the following topics:

Bullying and mental health problems;

Workplace bullying and the risk of suicidal ideation and behavior;

Mental health problems and bullying;

Bullying and general physical symptoms;

Bullying and fibromyalgia;

Bullying and chronic neck pains;

Interventions for prevention of workplace bullying

Interventions for the management of workplace bullying;

Return to work of the victim of workplace bullying; and so on.





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