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Proximal Humeral Fractures—Current Trends and Innovations

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Message from the Guest Editor

Proximal humeral fractures are among the most challenging and fascinating entities in traumatology. Each individual treatment path leads along a narrow ridge, between the risk of impaired shoulder function and potential complications on one hand, and improved quality of life on the other. One of the big challenges is identifying which patient and fracture is best suited to, and will most benefit from, non-operative or surgical treatment. In case of surgical treatment, the decision between humeral head preserving surgery and fracture arthroplasty must be made thoughtfully. Owing to the particular anatomy of the proximal humerus, soft tissue management is crucial. Double plating, fibular strut grafts, screw augmentation and bone void filling are only a few of the recent developments in fracture fixation. In case of humeral head replacement, use of reverse total shoulder arthroplasty is increasing. A critical evaluation of its indication is needed. This Special Issue aims to be a forum for high-quality publications that inform on current trends and developments in proximal humeral fracture treatment.











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