



## The Maladies of New Motherhood: Negative Mood Symptoms, Postpartum Functioning, Current Interventions, and Protective Factors

Guest Editor:

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### Message from the Guest Editor

Dear Colleagues,

Motherhood is replete with joys and stressors, and marks a period of transition for both first-time mothers and those with other children. The term “spiraling out” describes the adjustment process, which in healthy, well-resourced women should theoretically accelerate over time. However, a significant portion of women are faced with complicated circumstances, including physical/mental health comorbidities or strained resources. For these reasons, mothers represent a vulnerable yet vitally important subgroup of society.

This Special Issue will focus on a broad spectrum of mental and emotional health issues in mothers, including negative mood symptoms, postpartum functional status, current interventions, and protective/risk factors. I look forward to receiving your contribution.

Dr. Jennifer L. Barkin  
*Guest Editor*





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