



Prevention of Cardiovascular Diseases

Guest Editor:

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Deadline for manuscript
submissions:
closed (15 February 2023)

Message from the Guest Editor

Cardiovascular disease (CVD) is the leading cause of death worldwide. Prevention is an important strategy to reduce death and suffering caused by CVD. The recent 2021 ESC Guidelines on CVD prevention encourage management strategies at both an individual level and a population level, focusing mostly—although not exclusively—on risk factors, risk classification, and the prevention of clinical events. These guidelines include recommendations on disease prevention aimed at primary care and hospital care, as well as a personalized treatment approach that provides individual lifetime risk factors. An important feature of the 2021 ESC guidelines is the attention to disease prevention in older adults, including individuals of 70 years and older. These guidelines highlight the importance of assessing high-risk individuals by evaluating lifetime risk and gradually increasing treatment or lifestyle changes that reduce the risk of CVD.

In this Special Issue, we encourage authors to submit papers on strategies for primary and secondary prevention of CVD.





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