



## Advances in Usual Care of Coronary Artery Disease: Mechanisms and Outcome of Cardiologic, Exercise, and Psychosocial Studies

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### Message from the Guest Editor

Dear Colleague

Many intervention studies of coronary artery disease (CAD) have found health benefits for patients in the “treatment as usual” or basic care group. In this series, we invite clinicians and scientists to present and discuss the role and reasons for these effects. In a health care perspective it seems necessary and beneficial to demonstrate effective mechanisms of psycho– behavioral–cardiologic interactions on a basic care level. Especially, we invite authors to focus on the therapeutic alliance between patient and care professional and their efficacy in patients’ psychological, behavioral and cardiac outcome. In non-selected or psychodiagnostically defined subgroups of CAD (depressive, anxious, non-adherence patients, or other) the efficacy of psychosocial or other interventions with behavioral therapeutic techniques should be demonstrated.

Prof. Hans-Christian Deter

*Guest Editor*

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