



Psychotherapy and Clinical Psychology during COVID-19

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Deadline for manuscript
submissions:

closed (20 October 2023)

Message from the Guest Editor

Dear Colleagues,

Over the past two years, we have all been dealing with the spread of the COVID-19 pandemic and have observed the disruptive impact that the pandemic and related containment measures have had on people's psychological health. The COVID-19 pandemic has also profoundly changed the work of clinical psychologists.

All these changes call for a better understanding of the effects of the pandemic on mental health and the associated risk and protective factors in different populations, including those with pre-existing vulnerabilities and/or those most exposed to the pandemic's implications (such as, but not limited to: adolescents and young adults, healthcare workers, individuals who lost a family member due to COVID-19, patients with a chronic disease).

In this Special Issue, both observational and interventional studies, as well as review papers (systematic review and meta-analysis), on the implications of the pandemic and related restrictions on psychological well-being, associated risk and protective factors, and changes in clinical practice and psychotherapy delivery are welcome.





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