



## Recent Progress in Rehabilitation Medicine

Guest Editor:

### **Prof. Dr. Masahiro Kohzuki**

1. Yamagata Prefectural  
University of Health Sciences, 260  
Kamiyanagi, Yamagata 990-2212,  
Japan  
2. Department of Internal  
Medicine and Rehabilitation  
Science, Tohoku University  
Graduate School of Medicine,  
Aoba-ku, Sendai, Japan

Deadline for manuscript  
submissions:

**closed (15 November 2023)**

### **Message from the Guest Editor**

This Special Issue aims to focus on the recent advances in rehabilitation. Rehabilitation generally aims to "add life to years" by helping patients with impairment to achieve and utilize their full physical, mental and social potential. However, recent growing evidence suggests that rehabilitation for patients with visceral impairment such as renal, cardiac and pulmonary impairment can not only improve exercise performance and health-related quality of life but also increases survival. Therefore, rehabilitation for patients does not simply aim to "add life to years" but to "add life to years and years to life", which is a new rehabilitation concept.

We are soliciting such cutting-edge research reports and overviews, both basic and clinical, in relation to rehabilitation, to offer a promising model for the new field of rehabilitation.

Prof. Dr. Masahiro Kohzuki  
*Guest Editor*





an Open Access Journal by MDPI

## Editors-in-Chief

**Prof. Dr. Emmanuel Andrès**

Internal Medicine Department,  
University Hospital Strasbourg,  
67000 Strasbourg, France

**Prof. Dr. Kent Doi**

Department of Emergency and  
Critical Care Medicine, University  
of Tokyo, Tokyo 113-8655, Japan

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's (JCM)* staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPus / SciFinder, and other databases.

**Journal Rank:** JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

## Contact Us

---

*Journal of Clinical Medicine* Editorial  
Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/jcm](http://mdpi.com/journal/jcm)  
[jcm@mdpi.com](mailto:jcm@mdpi.com)  
[X@JCM\\_MDPI](https://twitter.com/JCM_MDPI)