



Physiotherapy in Temporomandibular Disorders and Headaches

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Message from the Guest Editor

Dear Colleagues,

Temporomandibular disorders and headaches are conditions that cause high levels of pain and craniofacial disability and this makes therapeutic approaches to them more complex. In the last decade, research on physiotherapy treatments in patients with temporomandibular disorders and headaches has increased exponentially. Emerging research also demonstrates that multimodal physiotherapy treatments that include therapeutic education, manual therapy, and exercise are promising options to improve function and reduce pain and disability without producing significant adverse effects on these patients.

For an upcoming Special Issue in the *Journal of Clinical Medicine* (PubMed indexed ISSN 2077-0383; IF = 5.688), we invite investigators to contribute original research articles (trials, cohort studies, case-control studies, and cross-sectional studies) or reviews of the literature (systematic reviews and meta-analyses or narrative reviews) that are of high quality and novelty and focus on the physiotherapeutic treatment of patients with temporomandibular disorders and headaches.





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