



Advances in Treatment and Management of Chronic Rhinosinusitis

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Message from the Guest Editors

Dear Colleagues,

Chronic rhinosinusitis with nasal polyps (CRSwNP) is an inflammatory condition, the most prevalent symptoms of which include nasal obstruction, nasal and postnasal discharge, an abnormal sense of smell, and facial pain. With as much as 4% of the population estimated to be affected, CRSwNP has a significant impact on quality of life and health due to its high direct and indirect cost to both individuals and society. The pathophysiology remains unclear, and a multifactorial interrelation has been observed between genetic, immunological, environmental and mucoepithelial barrier (microbiota) aspects, which determine the existence of multiple phenotypes and endotypes in chronic rhinosinusitis. In those patients whose symptoms cannot be clinically controlled with appropriate medical therapy, endoscopic sinus surgery (ESS) provides a beneficial alternative treatment. Notably, extensive ESS approaches are associated with favourable surgical outcomes and improved quality of life (QoL), in addition to lower relapse rates.

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