



## The Alcohol Hangover: Clinical Advances in Causes, Consequences and Treatment

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### Message from the Guest Editors

Dear Colleagues,

Since the founding of the Alcohol Hangover Research Group in 2010, research on alcohol hangovers has been increasing and on the move. This research focuses on the causes, consequences, and treatment of alcohol hangover.

Today, much remains unknown about the pathology of alcohol hangover. However, current research into alcohol metabolism and the immune system significantly increases our understanding of alcohol hangover. Researchers are focusing on genetics, behavioral aspects, personality, and psychological correlates of alcohol hangover, or the impact of food and daily diet. The obtained knowledge is essential to developing the ideal hangover treatment. Unfortunately, despite the high consumer demand for an effective and safe hangover treatment, scientific research on the efficacy of hangover treatments and cures is scarce.

The present Special Issue aims to provide an overview of the latest research on the causes, treatment, and functional consequences of alcohol hangover. The combination of original research articles and review papers will provide clinicians with up-to-date knowledge on alcohol hangover.

We welcome your contributions!



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