



Cardiac Rehabilitation in the COVID-19 Pandemic Era

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Message from the Guest Editor

Much has been written in the professional literature about the COVID-19 pandemic. After over three years of managing patients afflicted with this illness, and while many questions have been elucidated, much remains to be discovered about the long-term outcomes of this disease. We know that cardiac disability remains a significant problem in the developed world—specifically for patients with previous cardiac interventions, myocardial infarctions, and cardiac surgery. Cardiac rehabilitation has been at the forefront of optimizing these patients after their cardiac insults.

In this Special Issue, we focus on the long-term consequences of the novel coronavirus, focusing on the challenges towards rehabilitation and recovery—including the ever-ubiquitous "long COVID."

While many challenges remain, our understanding of the cardiac implications of this disease in the acute, subacute, and chronic rehabilitative states has improved drastically. Here, we present a review of the professional literature, with the goal of focusing on patient care in the rehabilitative phase as we continue to treat patients afflicted with this challenging disease.





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