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Hypertension and Cardiovascular Disease: Clinical Updates and Perspectives

Guest Editors:

Dr. Valeria Visco

Department of Medicine and Surgery, University of Salerno, 84081 Baronissi, Italy

Dr. Michele Ciccarelli

Department of Medicine and Surgery, University of Salerno, 84081 Baronissi, Italy

Dr. Costantino Mancusi

Department of Advanced Biomedical Sciences, Federico II University of Naples, Via S. Pansini 5, 80131 Napoli, Italy

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Message from the Guest Editors

Dear Colleagues,

This Special Issue aims to provide a comprehensive overview of the latest advancements, research findings, and clinical perspectives in the field. Hypertension and cardiovascular disease continue to be significant health concerns worldwide, necessitating continuous updates and insights into their diagnosis, management, and prevention.

We welcome submissions focusing on emerging diagnostic techniques, novel treatment approaches, risk assessment models, and preventive strategies. Additionally, articles exploring the impact of lifestyle modifications, pharmacological interventions, and personalized medicine in managing hypertension and cardiovascular disease are encouraged.

Authors are encouraged to contribute articles that shed light on the pathophysiology, epidemiology, and genetic factors associated with these conditions. Furthermore, we encourage submissions that explore the intersection between hypertension, cardiovascular disease, and other comorbidities such as diabetes, obesity, and renal disorders.

Dr. Valeria Visco Dr. Michele Ciccarelli Dr. Costantino Mancusi *Guest Editors* **Specials**





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Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, University of Tokyo, Tokyo 113-8655, Japan

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