



Ankle Osteoarthritis

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Deadline for manuscript
submissions:

closed (20 May 2024)

Message from the Guest Editor

Dear Colleagues,

In this Topical Collection, the readers will have the chance to receive an update on ankle osteoarthritis. Ankle osteoarthritis is a painful entity caused, in the majority of the cases, by a post-traumatic etiology, as a fracture or instability. The treatment shall be first conservative: painkillers, oral viscosupplementation, infiltrations, physiotherapy, orthoses, and special shoes. In the event of necessary surgery, joint-preserving surgery might deload the partially osteoarthritic joint. In full-osteoarthritis cases, a total ankle arthroplasty might be the next possible option, providing pain reduction, restoring joint function and giving better life quality to the patient. Ankle arthrodesis, as the traditional treatment of ankle osteoarthritis, shall be the final surgical treatment option.

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