



Food Allergy: Epidemiology, Pathogenesis, Diagnosis, and Treatment

Guest Editors:

Dr. Angela Rizzi

UOSD Allergologia e
Immunologia Clinica,
Dipartimento di Scienze Mediche
e Chirurgiche Addominali ed
Endocrino Metaboliche,
Fondazione Policlinico
Universitario A. Gemelli IRCCS,
00168 Rome, Italy

Prof. Dr. Sebastiano Gangemi

Department of Clinical and
Experimental Medicine, School
and Operative Unit of Allergy and
Clinical Immunology, University
of Messina, 98125 Messina, Italy

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Message from the Guest Editors

At present, the prevalence of food allergies represents a major global health problem, affecting approximately 8% of children and 3% of adults, with a dramatically increasing number of hospitalizations due to food-related allergic reactions and food-induced anaphylaxis. The interaction of genetic factors; epigenetic mechanisms; environmental changes; and innate immune. The cornerstones of the diagnosis are: clinical history, diagnostic testing, elimination diets, and oral food challenge.

The management of food allergies includes both short-term interventions for acute reactions and long-term strategies to prevent life-threatening events. The latter goal is achieved mainly through an elimination diet, patient/caregiver education, and pharmacological and non-pharmacological strategies to improve the patient's quality of life. Growing attention is also being given to potential immunomodulatory therapeutic approaches, including immunotherapy, biologics, and novel vaccines. With this global approach in mind, this Special Issue seeks proposals that focus on epidemiology, pathogenetic mechanisms, diagnostic tools, and validated and emerging therapeutic strategies.





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Editors-in-Chief

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University Hospital Strasbourg,
67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care
Medicine, University of Tokyo,
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Journal of Clinical Medicine Editorial
Office
MDPI, Grosspeteranlage 5
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