



## Effect of Lifestyle Habits on the Clinical Outcome in Trauma/Orthopedic Patients

Guest Editor:

**Prof. Dr. Sabrina Ehnert**

Siegfried-Weller Institute for  
Trauma Research, BG Trauma  
Center, University of Tuebingen,  
Schnarrenbergstrasse 95, 72070  
Tuebingen, Germany

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### Message from the Guest Editor

Dear Colleagues,

Lifestyle habits (e.g., daily diet, activity level, smoking, alcohol consumption) strongly affect bone health, often resulting in reduced bone quality and stability. In combination with an increased risk for falls, this strongly increases the fracture risk. In the case of a fracture, its treatment (fixation of the fracture, handling of the surrounding soft tissue, patients' mobilization, etc.) represents a great challenge. Despite all medical progress, these patients still frequently face delayed or impaired bone healing rich in complications. This Special Issue should collect manuscripts that investigate the effect of lifestyle habits on fracture healing, reflecting our current knowledge and describing underlying molecular mechanisms that can provide novel diagnostic tools and treatment/therapeutic options.

Dr. Sabrina Ehnert

*Guest Editor*





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*Journal of Clinical Medicine* Editorial  
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