



Recent Developments in the Clinical Treatment of Shoulder Joint Instability

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Message from the Guest Editor

Dear Colleagues,

Joint instability is one of the most common shoulder problems we have to deal with in clinical practice. Over the last few decades, treatment options have experienced a shift from open solutions to less-invasive arthroscopic techniques. In order to facilitate this transition, modifications of traditional techniques have been developed by shoulder surgeons and new instruments and implants were introduced by different companies. However, the treatment outcome of shoulder instability patients has not only been improved by surgical innovations but also by advances made in the field of pre-interventional assessment. These changes have led to a more patient-specific treatment approach with a case-by-case evaluation of the underlying pathology and the according treatment tailored to the needs of each individual patient. As innovation continues at a high pace and most studies focus on short-term results, long-term effects of different therapeutic approaches must not be neglected as most patients receiving these new treatments are expected to live on for several decades.





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