

## Special Issue

# Physical Activity and Respiratory Conditions

### Message from the Guest Editor

Avoidance of exertion (including habitual physical activity levels as well as exercise) due to concerns regarding worsening symptoms can lead to subsequent muscle wasting, exercise intolerance, poor quality of life and social isolation. It is therefore essential that effective comprehensive management for people living with chronic lung diseases includes the optimisation of physical activity levels. We invite contributors to submit original research and review articles to this Special Issue in order to contribute new knowledge to the field and stimulate discussion of the importance of targeting physical activity in people living with lung disease. Contributions may relate to various areas for such patients including (but not limited to): Strategies to measure physical activity levels; Technical methods to evaluate physical activity data; Lived experiences of patients regarding physical activity; Health impacts of physical activity; Interventions to promote physical activity; Reviews of best practices in healthcare targeting physical activity.

### Guest Editor

Dr. Christian Osadnik

School of Primary and Allied Health Care, Monash University,  
Melbourne, Australia

### Deadline for manuscript submissions

closed (15 June 2023)



## Journal of Clinical Medicine

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Impact Factor 3.0  
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*Journal of Clinical Medicine*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

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### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

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