

Special Issue

Clinical Advances in Psychology and Psychological Distress in Real and Virtual Contexts

Message from the Guest Editors

Stressors such as work, life, and emotions all cause great psychological distress to people. Anxiety, depression, insecurity, fear, depression, loneliness, and stigma are common features of psychological distress, and high levels of it are more serious risk factors for mental health disorders. These factors can also play a critical role in how we modulate our interpersonal social space with others in both real and simulated (social media, virtual, etc.) contexts. Therefore, we should pay attention to people's psychological states in a timely manner, and take effective measures to improve, enhance, or compensate for defective or impaired physical and mental functions. Such measures may include moderate exercise and maintaining a healthy environment, or appropriate medication, physical therapy, or psychological treatment in traditional and virtual contexts.

This Special Issue, with a focus on research investigating mental health and coping in children and adults that will enable the development and implementation of more effective interventions in the future. Whilst we invite topics in this field, submissions are not limited only to this subject.

Guest Editors

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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