



## Obstructive Sleep Apnea (OSA): Pathogenesis, Symptoms and Treatments

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### Message from the Guest Editor

Obstructive sleep apnea (OSA) is a common respiratory sleep disorder characterized by episodes of complete/partial upper airway collapse together with airflow reduction or cessation. OSA is associated with systemic organ damage, such as heart failure, diabetes mellitus and cognitive dysfunction. Thus, efforts aiming to define the symptoms and clarify the pathogenesis of OSA are essential for the exploration of new treatments.

This Special Issue of the *Journal of Personalized Medicine* aims to highlight some of the latest studies on the pathogenesis, symptoms and treatment of OSA and the application of precision medicine to patients with OSA.

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## Message from the Editor-in-Chief

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