



Cardiovascular Disease Prevention in the Era of Personalized Medicine

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Message from the Guest Editor

Dear colleagues,

Cardiovascular disease (CVD) is the leading cause of mortality worldwide. Prevention of CVD is based on the management of cardiovascular risk factors, including hypertension, dyslipidemia, diabetes mellitus, obesity, and smoking. Antiplatelet and anticoagulant treatment is also needed in certain subgroups. With the introduction of several novel pharmacological agents, personalized decisions can be made to optimize the safety and efficacy of the treatment of these risk factors. In this Special Issue, the management of the major modifiable cardiovascular risk factors is discussed. Given the multitude of therapeutic options, an evidence-based strategy is essential to reducing cardiovascular morbidity and mortality, particularly in high-risk patients with multiple comorbidities.

Dr. Konstantinos Tziomalos

Guest Editor





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Message from the Editor-in-Chief

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