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# Multiple Biomarkers for the Diagnosis and Precision Treatment of Depression

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# **Message from the Guest Editor**

As defined by the FDA and NIH, a biomarker is "a defined characteristic that is measured as an indicator of normal biological processes, pathogenic processes or responses to an exposure or intervention". Biomarkers have been used and continue to be used widely in almost all branches of medicine, but their use in psychiatry has lagged. Frequently, psychiatric disorders coexist either with another primary psychiatric diagnosis or as comorbid diagnoses with medical conditions. Despite that, the discovery of potential biomarkers linked to a psychiatric condition and/or to a specific symptom within a certain syndrome has shown truly impressive findings over the past few decades. In this Special Issue, we will focus on those biomarkers that have been extensively investigated and have been shown to possess validity, sensitivity, and reproducibility both as diagnostic biomarkers but also as monitoring biomarkers indicative of treatment response and overall outcome. I believe we have an array of such candidate biomarkers subdivided into the following categories: molecular, physiologic, radiographic, genomic, and pharmacogenomic biomarkers.













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## Message from the Editor-in-Chief

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