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# Toward the Establishment of Personalized Medicine in Psychiatry

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### **Message from the Guest Editors**

The current diagnostic criteria used in the field of psychiatry are manipulative and not based on the pathology of the disease. Thus, treatment strategies based on diagnosis may not always lead to the best results. There is currently no clear indicator of the criteria for selecting medication or other treatment options and, therefore, we are required to repeat the steps of trial and error to find the optimal treatment.

In this Special Issue of the *Journal of Personalized Medicine*, we invite researchers in the field to submit original research including (but not limited to) studies on neurophysiology, neuroimaging, the quantification of serum/plasma concentrations of medications and other biological markers. We believe that by consolidating these findings we will be able to develop strategies for individualized treatment in the field of psychiatry.









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## **Editor-in-Chief**

### Message from the Editor-in-Chief

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