



## Biomarkers and Clinical Research in Eating Disorders

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### Message from the Guest Editor

Eating disorders are severe and disabling disorders affecting individuals of all ages, most frequently commencing in adolescence. The treatment success rates are around 50%, and treatment resistance occurs in 20%. Recent genetic research in anorexia nervosa points to genetic associations with, for example, hyperlipidemia, diabetes, schizophrenia, and OCD, laying the foundation for an improved understanding of the nature of the diseases. However, further research is needed in biology, biomarker and clinical research to advance the field towards improved treatments. Cutting-edge research in recent years, especially genome-wide association studies, has raised hopes of determining the underlying biology of eating disorders. One example is the recent advances in blood-based biomarkers such as increases in cytokines in anorexia nervosa. The aim of this Special Issue is to present research on the psychological and biological pathologies, novel outcomes, or clinical characteristics of eating disorders that may provide clues for improved treatment. We invite original publications, systematic reviews, and case series.





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