



Personalized Medicine Interdisciplinary Aspects and Sex Gender-Specific Differences

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Message from the Guest Editors

The development of sex/gender-specific medicine can be considered a crucial point in the progress of life sciences, with the possibility of going forward toward the so-called personalized or precision medicine. On the one hand, sex/gender-related differences and various determinants of health are known to interfere with biological and physiological processes. On the other hand, the incidence, clinical characteristics, evolution, outcome as well as the response to therapy of many diseases exhibit sex/gender-related differences and might benefit from personalized and targeted therapeutic options. Thus, the challenging objective of developing a personalized medicine needs the support of an interdisciplinary approach, from either basic, clinical, or pharmacological sciences. At the same time, several aspects of the inner world of circadian rhythms may also show sex/gender-specific differences. This SI will offer investigators and clinical practitioners operating in multiple fields of medicine and nursing care the opportunity to report and share their personal experience and research data, from the perspective of an interdisciplinary approach and cultural growth.





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Message from the Editor-in-Chief

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