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Pathogenesis, Pathological Features and Treatment of Sleep Disorders

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Message from the Guest Editors

This Special Issue aims to highlight the latest research and advances in the etiology, pathologic features, and treatment of sleep disorders. As sleep is essential for human health and well-being, sleep disorders can lead to serious health problems. Recent studies have shown that various sleep disorders are closely associated with cardiovascular diseases, metabolic disorders, mental health problems, and more. Therefore, this Special Issue focuses on deepening our understanding of the pathological mechanisms of sleep disorders and developing effective treatments. We invite manuscripts on etiologic studies of sleep disorders, diagnostic and assessment methods, innovative treatment approaches, and management strategies. With this Special Issue, we hope to promote a multidisciplinary approach to sleep disorders and share new knowledge and strategies that can be of value in patient management.

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Special Issue



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Message from the Editor-in-Chief

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