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Non-alcoholic Fatty Liver in Everyday Clinical Practice: From Diagnosis to Therapy

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Message from the Guest Editors

Dear Colleagues,

Non-alcoholic fatty liver disease (NAFLD) is one of the most common liver diseases encountered in everyday clinical practice. It is a very insidious disease because it often does not cause symptoms and is associated with the risk of life-threatening consequences. So far, there is an interesting discussion related to the mechanisms of development, the choice of tools for diagnosing fatty infiltration of the liver and the therapeutic standards of NAFLD. At the moment, no single marker with a highly sensitive and specific association with the presence of NAFLD has been identified, despite a wide choice (biopsy, imaging, and laboratory tests). Therefore, in the non-invasive diagnosis of this pathology, a number of helpful scales are used, taking into account the patient's sex, age, anthropometric measurements, and selected laboratory parameters. The purpose of our Special Issue is collecting papers, including original and review papers, related to the etiopathogenesis, diagnosis, complications, and treatment of patients with NAFLD based on current medical knowledge.

Dr. Kosmalski Marcin

Dr. Łukasz Mokros

Guest Editors



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Special Issue



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Message from the Editor-in-Chief

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