



life



an Open Access Journal by MDPI

Nutrients and Dietary Supplements in Health and Disease

Guest Editors:

Dr. Agnieszka Stawarska

Department of Bromatology,
Faculty of Pharmacy, Medical
University of Warsaw, Banacha 1,
02-097 Warsaw, Poland

Dr. Stefania Lamponi

1. Dipartimento di Biotecnologie
Chimica e Farmacia, Università di
Siena, Via Aldo Moro, 53100
Siena, Italy
2. SienabioACTIVE, Università di
Siena, Via Aldo Moro, 53100
Siena, Italy

Deadline for manuscript
submissions:

closed (22 December 2023)

Message from the Guest Editors

Nutrients and dietary supplements, no matter what form they are administered in, can have positive effects on both maintaining health, as well as in the prevention and treatment of many diseases. It is extremely important to understand their new mechanisms of action and to expand the knowledge about them. The task surrounding dietary supplementation is not the treatment of diseases, but supplementing the diet with deficient nutrients and bioactive compounds. However, consuming them might also have an adversary effect on health. It is related to their quality, the effects of their actions, and the interactions with other substances.

Therefore, there exists a need for scientific studies on the effect of nutrients and dietary supplements on the human body.

In this Special Issue, we invite manuscripts on broadly understood topics related to the impact of nutrients and dietary supplements on human health.



mdpi.com/si/131213

Special Issue



life



an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Lluís Ribas de Pouplana

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona Institute of Science and Technology, 08028 Barcelona, Spain

Message from the Editor-in-Chief

Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

Author Benefits

Open Access: free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

High Visibility: indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [PMC](#), [CAPlus / SciFinder](#), [AGRIS](#), and [other databases](#).

Journal Rank: JCR - Q1 (Biology) / CiteScore - Q1 (Paleontology)

Contact Us

Life Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/life
life@mdpi.com
[X@Life_MDPI](#)