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## Abnormal Lipid Metabolism and Impacts on Health

Guest Editors:

### **Dr. Ling He**

Department of Pharmacology and Molecular Sciences, Johns Hopkins University School of Medicine, Baltimore, MD 21287, USA

### **Dr. Liqing Yu**

School of Medicine, University of Maryland, Baltimore, MD 21201, USA

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### **Message from the Guest Editors**

Obesity is a major health issue worldwide. Metabolic sequelae of obesity include insulin resistance, nonalcoholic fatty liver disease (NAFLD) or metabolic (dysfunction) associated fatty liver disease (MAFLD), and type 2 diabetes, among others. A hallmark of NAFLD is the excessive accumulation of triglycerides in the liver, i.e., hepatic steatosis, which may progress to nonalcoholic steatohepatitis (NASH), cirrhosis, and cancer. Currently, there are no effective drugs to prevent and treat NAFLD. End-stage NAFLD often requires liver transplantation. It is fundamental to mechanistically understand the pathogenesis of the disease. Both genetic and environmental factors contribute to NAFLD etiology and progression. A major environmental factor is diet.

In this Special Issue, we will discuss the impacts of abnormal lipid metabolism on health.



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# Special Issue



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### **Prof. Dr. Lluís Ribas de Pouplana**

Institute for Research in Biomedicine (IRB Barcelona), The Barcelona Institute of Science and Technology, 08028 Barcelona, Spain

## Message from the Editor-in-Chief

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*Life* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

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