

Special Issue

Diagnosis and Management of Maternal Medical Diseases in Pregnancy: Current Practice and Future Perspectives

Message from the Guest Editors

Medical diseases complicate approximately 10–15% of pregnancies worldwide, with variations based on geographic, socioeconomic, and healthcare factors. Common conditions include hypertension, diabetes mellitus, thyroid disorders, autoimmune diseases, cardiovascular diseases, infections, and renal diseases. The prevalence of these conditions is rising due to increasing maternal age, obesity, and improved survival rates of women with chronic illnesses. Management strategies aim to optimize maternal health while minimizing risks to fetal development. Pharmacological treatment should consider drug safety profiles in pregnancy. Regular antenatal monitoring helps detect complications early, facilitating timely interventions. Multidisciplinary coordination between obstetricians, internists, and specialists is essential for comprehensive care. This Special Issue seeks original research and review articles that focus on current diagnostic and management approaches in maternal medical diseases. Future perspectives in terms of gaps in current evidence should also be discussed.

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Life (ISSN 2075-1729) is an international, peer-reviewed open access journal that publishes scientific studies related to fundamental themes in life sciences. Some papers are published individually, while others are submitted for inclusion in special issues with guest editors. You are invited to contribute a research article, essay, or a review to be considered for publication.

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